GLOBAL HORIZON PLUS
TRAINING CENTER



Creating a Culture of Health and Safety

Barcelona (Spain) -

28-12-2026

Creating a Culture of Health and Safety

Course code: HM332 From: 28-12-2026 Venue: Barcelona (Spain) - Course Fees: 5000 £

Introduction

Creating a culture of health and safety is more than just complying with laws and regulations it's about embedding values, behaviors, and systems that prioritize the wellbeing and protection of everyone in the workplace. This course equips participants with the knowledge, tools, and leadership approaches to foster a proactive and sustainable safety culture that positively impacts morale, productivity, and business continuity.

Course Objectives of Creating a Culture of Health and Safety

Upon completing this program, participants will be able to:

- Understand the key components of a positive health and safety culture.
- Identify gaps and challenges in current workplace safety practices.
- Develop strategies to engage leadership and employees in safety initiatives.
- Promote psychological and physical health as part of workplace safety.
- Design and implement practical programs to sustain safety awareness.

Course Methodology of Creating a Culture of Health and Safety

- Lectures and Expert Insights: Leading industry experts will share their insights and best practices.
- Case Studies: Analyze real-world talent acquisition challenges and solutions.
- Group Discussions: Engage in meaningful discussions and share experiences with peers.
- Role-Playing and Simulations: Practice recruitment scenarios to enhance skills.
- Hands-on Workshops: Gain practical experience in using recruitment tools and techniques.

Organizational Impact of Creating a Culture of Health and Safety

This training program will have a positive impact on organizations by:

- Reduced accidents, absenteeism, and legal liabilities.
- Stronger compliance with HSE and labor regulations.
- Enhanced employee engagement and retention.

- Improved reputation and stakeholder trust.
- A resilient and safety-conscious workforce.

Personal Impact of Creating a Culture of Health and Safety

Participants will experience personal growth and development, including:

- Enhanced skills in leadership and risk communication.
- Better understanding of behavioral safety principles.
- Practical tools for leading change and improving team safety.
- Increased confidence in identifying and addressing safety concerns.

Who Should Attend

This training program is ideal for:

- HSE Officers and Managers
- HR and Occupational Health Professionals
- Team Leaders and Supervisors
- Facilities and Operations Managers
- Senior Executives responsible for workplace wellbeing

Course Outlines

Day 1

Foundations of a Safety Culture

- Defining health and safety culture
- Legal vs. cultural compliance
- Organizational behaviors and safety outcomes
- Real-world case studies: culture-led safety success stories

Day 2

Leadership and Accountability

- Role of leadership in shaping safety culture
- Leading by example: values-driven safety leadership
- Integrating safety into business strategy
- Safety KPIs and accountability frameworks

Day 3

Employee Engagement and Communication

- Encouraging employee participation in safety programs
- Building trust and openness in reporting incidents
- Communication strategies that reinforce safe behaviors
- Recognition and rewards for safety performance

Day 4

Integrating Mental Health and Wellbeing

- Understanding mental health as part of safety
- Recognizing signs of stress, burnout, and anxiety
- Promoting resilience and work-life balance
- Policies that support psychological safety

Day 5

Sustaining a Safety-First Culture

- Continuous improvement models (e.g., PDCA in safety)
- Designing awareness campaigns and training refreshers
- Conducting internal health and safety audits
- Action planning: building your organization□s roadmap