GLOBAL HORIZON PLUS
TRAINING CENTER



Energy Efficiency and Sustainability for Managers

Kuala Lumpur -

14-12-2026

Energy Efficiency and Sustainability for Managers

Course code: PQ284 From: 14-12-2026 Venue: Kuala Lumpur - Course Fees: 5000 £

Introduction

In today's world, energy efficiency and sustainability are no longer optional for organizations; they are strategic imperatives. Rising energy costs, tightening regulations, and heightened environmental awareness require managers to develop approaches that align operational goals with sustainability practices. This training program is designed to empower managers with the knowledge and tools to drive energy efficiency and implement sustainable practices in their organizations. Through case studies, practical exercises, and the latest research, participants will learn how to reduce energy consumption, manage resources wisely, and foster a culture of sustainability. By adopting these strategies, managers can support cost reduction, enhance brand reputation, and contribute meaningfully to environmental conservation.

Course Objectives of Energy Efficiency and Sustainability for Managers

Upon completing this program, participants will be able to:

- Understand the principles of energy efficiency and sustainability in a business context.
- Identify energy-saving opportunities and implement sustainable practices.
- Gain insight into sustainable resource management, including water and waste.
- Learn to evaluate and integrate renewable energy options.
- Develop strategies to engage employees and stakeholders in sustainability initiatives.
- Build a framework for measuring, reporting, and improving energy efficiency efforts.

Course Methodology of Energy Efficiency and Sustainability for Managers

- Lectures and Expert Insights: Leading industry experts will share their insights and best practices.
- Case Studies: Analyze real-world talent acquisition challenges and solutions.
- Group Discussions: Engage in meaningful discussions and share experiences with peers.
- Role-Playing and Simulations: Practice recruitment scenarios to enhance skills.
- Hands-on Workshops: Gain practical experience in using recruitment tools and techniques.

Organizational Impact of Energy Efficiency and Sustainability for Managers

This training program will have a positive impact on organizations by:

- Cost Savings: Reduced energy consumption directly translates into lower operational costs and improved financial performance.
- Enhanced Brand Image: Companies committed to sustainability are more attractive to customers, partners, and investors, strengthening the organization's reputation.
- Regulatory Compliance: Aligning with environmental regulations reduces the risk of penalties and promotes responsible corporate governance.
- Risk Mitigation: Sustainable practices help future-proof the organization by minimizing reliance on finite resources and managing risks associated with environmental impacts.
- Employee Engagement: Sustainable initiatives often lead to greater employee satisfaction, as employees feel they are contributing to a positive cause.

Personal Impact of Energy Efficiency and Sustainability for Managers

Participants will experience personal growth and development, including:

- Expanded Knowledge: Managers will gain expertise in energy management and sustainability practices.
- Leadership Skills: The course equips participants with the leadership skills needed to drive energy efficiency initiatives and engage their teams effectively.
- Career Growth: As sustainability becomes a core business concern, managers with expertise in this area are positioned for career advancement.
- Networking: Participants will connect with peers and industry experts, creating opportunities for collaboration and sharing best practices.

Who Should Attend

This training program is ideal for:

- Facility and Operations Managers
- Sustainability Officers
- Environmental Compliance Officers
- Energy Managers
- Senior Executives overseeing resource management and sustainability strategies

Course Outlines

Day 1

Fundamentals of Energy Efficiency and Sustainability

- Overview of Energy Efficiency and Its Importance in Modern Businesses
- Key Concepts in Sustainability: Reducing Waste, Water, and Carbon Emissions
- Analyzing Organizational Energy Needs and Current Consumption
- Setting Initial Energy Efficiency and Sustainability Goals
- Successful Implementation of Energy Efficiency Programs

Day 2

Identifying Energy Efficiency Opportunities

- In-Depth Look at Energy-Saving Practices for HVAC, Lighting, and Equipment
- Conducting an Energy Audit: Identifying Wastage and Inefficiencies
- Introduction to Energy Management Systems and IoT for Monitoring
- Developing an Energy Efficiency Plan
- Assessing Energy Use in Participant Organizations

Day 3

Renewable Energy and Sustainable Resource Management

- Overview of Renewable Energy Options: Solar, Wind, and Biomass
- Managing Resources Sustainably: Water, Waste, and Raw Materials
- Life Cycle Analysis and Environmental Impact of Resources
- Evaluating Renewable Energy Solutions for Organizational Fit
- Designing a Resource Management Strategy

Day 4

Engaging Stakeholders and Building a Sustainability Culture

- Strategies for Employee Engagement in Sustainability Efforts
- Creating Sustainability Champions within Teams
- Communication Techniques for Gaining Buy-In from Key Stakeholders
- Building a Company-Wide Sustainability Campaign

- Successful Employee-Led Sustainability Initiatives

Day 5

Measuring, Reporting, and Continuous Improvement

- Identifying Key Performance Indicators (KPIs) for Energy and Sustainability
- Tools for Monitoring and Reporting Progress (e.g., GRI, CDP)
- Developing a Roadmap for Ongoing Improvement and Compliance
- Participants Create an Energy Efficiency and Sustainability Action Plan